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**Psychology**

**Section 4.1 Reading Guide**

Read each section (in bold below), and then answer the questions.

**Introduction (pp 93-94):**

Read what Anna Freud says in Exploring Psychology. Explain her message about adolescence. Do you agree with her?

Name 3 different rites of passage in our society:

A.



B.

C.

**Theories of Adolescence (pp 94-95):**

Who is the psychologist who professed the “storm and stress” theory? Explain the theory:

What did Margaret Mead say about the Hall’s theory?

List 3 tasks that adolescents deal with according to Havighurst.

A.

B.

C.

The pattern of development of a particular adolescent depends on the following factors:

A.

B.

C.

**Physical Development (pp 95-98):**

When does adolescence begin?

What do menarche and spermarche have to do with physical development?



Describe the physical changes in a female during adolescence:

Describe the physical changes in a male during adolescence:

What is asynchrony?

How might females react to changes in physical form?

How might females react to changes in physical form?

What is a self-fulfilling prophecy?

**Sexual Development (pp 98-99):**

How have attitudes about sex changed over the years?